



QM/QI Restraint Tracking Tool

Directions:

- Review previous quarters QM/QI report and write down names of all residents currently in a restraint per the MDS. Include residents who have a restraint but are not identified on the MDS. Immediately correct information and correct MDS per RAI guidelines
- Place an “X” in each space where the resident qualifies for the QM/QI per the CASPER QM/QI Report for each quarter
- Identify areas of concern in the comments box; process such issues as changes in the QM/QI reporting that may impact the restraint use, if resident is still falling even with restraint, intent of restraint, impact it is having on decline in other QM/QI areas, etc.
- Explore each concern, assess if reduction can be attempted at this time and document accordingly in the resident’s chart and care plan
- **When attempting to reduce restraints, reduce one resident at a time to increase comfort level of reduction with all staff**

Resident	Quarter	Physical Restraint (Y or N) If Yes, Fill in Restraint Type	Most Frequently Associated QM/QIs													Total # of Qualifiers					
			Falls	New Fracture	Depression	Problem behavior	9+ Meds	B&B Incont.	UTIs	Weight Loss	Mod/Sev Pain	ADL Help ↑	↓ ROM	Move Ability ↓	Psych Drug Use			Little Activities	Pressure Ulcers	Count	+/-/= from last quarter
															Meds; No dx	antianx/hpn	Hpnt 2x Wk				
Name:																					
Comments:																					
Name:																					
Comments:																					

Resident	Quarter	Physical Restraint (Y or N) If Yes, Fill in Restraint Type	Most Frequently Associated QM/QIs													Total # of Qualifiers					
			Falls	New Fracture	Depression	Problem behavior	9+ Meds	B&B Incont.	UTIs	Weight Loss	Mod/Sev Pain	ADL Help ↑	↓ ROM	Move Ability ↓	Psych Drug Use			Little Activities	Pressure Ulcers	Count	+/-= from last quarter
Name:																					
Comments:																					
Name:																					
Comments:																					
Name:																					
Comments:																					
Name:																					
Comments:																					

This material provided by the Iowa Foundation for Medical Care, the Medicare Quality Improvement Organization for Iowa, was prepared by the Illinois Foundation for Quality Health Care, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. 9SoW-IA-NHRS-08/08-070