



QM/QI Restraint Tracking Tool

Directions:

- Review previous quarters QM/QI report and write down names of all residents currently in a restraint per the MDS. Include residents who have a restraint but are not identified on the MDS. Immediately correct information and correct MDS per RAI guidelines
- Place an “X” in each space where the resident qualifies for the QM/QI per the CASPER QM/QI Report for each quarter
- Identify areas of concern in the comments box; process such issues as changes in the QM/QI reporting that may impact the restraint use, if resident is still falling even with restraint, intent of restraint, impact it is having on decline in other QM/QI areas, etc.
- Explore each concern, assess if reduction can be attempted at this time and document accordingly in the resident’s chart and care plan
- **When attempting to reduce restraints, reduce one resident at a time to increase comfort level of reduction with all staff**

Resident	Quarter	Physical Restraint (Y or N) If Yes, Fill in Restraint Type	Most Frequently Associated QM/QIs													Total # of Qualifiers						
			Falls	New Fracture	Depression	Problem behavior	9+ Meds	B&B Incont.	UTIs	Weight Loss	Mod/Sev Pain	ADL Help ↑	↓ ROM	Move Ability ↓	Psych Drug Use			Little Activities	Pressure Ulcers	Count	+/-/= from last quarter	
Name:																						
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