ILLINOIS FOUNDATION FOR QUALITY HEALTH CARE

QM/QI Pain Tracking Tool

Directions:

- Using the CASPER QM/QI report write down each resident who qualifies for the Chronic Pain Quality Measure.
- Refer to the MDS to identify the frequency and intensity level; only residents with daily pain that is moderate or any experience of excruciating pain in the last seven days should qualify the QM.
- Review resident's care plan, chart and conduct staff interview to complete the rest of the worksheet.
- Document any comments or areas of concern that require follow-up in the provided space. Issues to address may be scheduling pain meds prior to or after any of the factors that may contribute to pain, non-pharmacological approaches that may help with frequency and/or intensity, PRN use versus scheduled dosing, etc.

If a resident is perceived to be in chronic pain for more then two quarters and there has been no adaptation of the resident's plan of care to resolve the pain issue, then seriously evaluate the medication use and non-pharmacological approaches to improve the resident's quality of life as much as possible.

			MDS Pain (J2a & b)		Med Use		Factors Affecting Pain						Non-Pharmacological Approaches											
Resident	**Quarter**	**Chronic Pain (Y or N)**	Frequency	Intensity	Scheduled dosing (give frequency)	PRN only	Therapy	Activities	Wound Care	Upon Waking	Night Time	Other	Massage	ROM	Heat Therapy	Cold Packs	Positioning	Prayer	Meditation	Aromatherapy	Music	Cards, games	Read	Other
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This material was prepared by the Illinois Foundation for Quality Health Care, the Medicare Quality Improvement Organization for Illinois, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents do not necessarily reflect CMS policy.
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