



Got Pain?

Nonspecific Signs and Symptoms that Suggest the Presence of Pain

- **Frowning, grimacing, fearful facial expressions, grinding of teeth**
- **Bracing, guarding, rubbing**
- **Fidgeting, increasing or recurring restlessness**
- **Striking out, increasing or recurring agitation**
- **Eating or sleeping poorly**
- **Sighing, groaning, crying, breathing heavily**
- **Decreasing activity levels**
- **Resisting certain movements during care**
- **Change in gait or behavior**
- **Loss of function**

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