

Methodist Manor Retirement Community Depression Policy

Purpose: To screen all incoming residents for signs and symptoms of depression.

Goal: To improve the resident's well-being and comfort by reducing the target symptoms of depression and to optimize the resident's ability to perform ADLs and participate in activities.

Procedure:

1. Complete a mini mental state exam on each resident admitted to Methodist Manor, within 5 days of being admitted.
 - 1.1.1 The mini mental score determines which depression-screening tool will be used. The depression-screening tool will then be administered within 2-4 weeks of the resident's admission date.
 - 1.1.2 The initial depression-screening tool will be done within the first 7 days of the resident's admission and that will determine a baseline for the resident. A re-evaluation of the depression screening tool will then be completed with 14 days.
 - 1.1.3 If the score of the mini mental is 20-30, the Geriatric Depression Scale will be used.
 - 1.1.4 If the score of the mini mental is 0-20, the Cornell Scale for Depression will be used.
 - a. The depression screening tool will also be determined depending on the resident's cognitive status with behaviors and affect taken into account. (i.e.: non-verbal signs and symptoms)
 - 1.1.5 The nursing team will be notified of the score of the resident's depression scale. The MDS Coordinator will also be notified of the score of the resident's depression scale.
 - 1.1.6 The resident's physician will be notified by nursing when determined by Nursing and Social Services.
 1. A repeat depression-screening tool will be completed by Social Services for the new resident's quarterly assessment, then, annually thereafter. The depression-screening tool will be completed as needed if signs and symptoms are present (verbal or nonverbal).
 - a. If the score of the GDS is 5 or above, a repeat of the depression screening will be quarterly.
 - b. If the score of the Cornell Scale is 12 or above, a repeat of the depression screening will be quarterly.
 - 1.1.7 Based on the reassessment score and non-verbal signs and symptoms, the resident's physician may be notified as determined by Nursing and Social Services.
 1. Supportive documentation by Nursing and/or Social Services will be completed.
 - 1.1.8 Each completed depression-screening tool will be placed in the resident's chart under the Social Service's section.
2. Each resident that has resided in Methodist Manor that has been here over one year a depression-screening tool will be completed annually or as needed if signs or symptoms (verbal or non-verbal) are present. With the same criteria as stated above to determine which depression screening tool will be used.